

NAME (FIRST AND LAST) _____ GRADE _____

HEALTH AND SAFETY FAIR JEOPARDY

WEB QUEST - 2023

1 2 3 4 1 3 20 3 5 6 7 5 5 6 3
 8 9 3 7 5 3 10 5 8 1 11 5 12 13 14 15 7 16
 8 1 20 3 12 13 14 9 11 7 17 1 4 12 7 16 18
 5 6 3 19 13 9 4 18 1 10 7
 6 3 7 4 5 6 12 12 13 14

~ Joyce Meyer

CIPHER:

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| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

Answer all the different "Jeopardy questions" to explore the various ways to help keep your mind and body healthy. Read each page carefully and find the sentence which contains the missing word. Fill in the word. The missing words will give you a letter for the above cipher. Complete the sheet, decode the cipher, and then decipher the coded phrase. Turn it into the office for your chance to win prizes.

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| Physical Health and Safety - Home |
| 100: Gun Safety |
| Kids are safer when _____ are in a lockbox or safe, unloaded. 3 |
| 200: Food Safety |
| Did you know that an estimated 1 in 6 Americans will get sick from _____ poisoning this year alone? 11 |

300: Fire Safety

Install smoke _____ on every level of your home, inside bedrooms and outside sleeping areas.
7

400: Poison Control

Keep household _____ products in their original containers.
15

500: Seatbelt Safety

One of the safest choices _____ and passengers can make is to buckle up.
20

Physical Health and Safety - Medical

100: Cancer Awareness

Avoid midday sun. Stay out of the sun between 10 a.m. and 4 p.m. when the sun's rays are _____.
8

200: Dental Health

For children, _____ their teeth twice a day with fluoride toothpaste.
2

300: Heart Health

Eat a variety of _____ foods and avoid foods high in unhealthy fats.
12

400: Smoking and Drug Abuse

Help kids know how to _____ drugs if they are offered. Let them know they can always text or call if they want to leave a situation and you will come get them.
16

500: CPR

CPR (cardiopulmonary resuscitation) is a way to help a person who has stopped

_____ 6 _____.

Physical Health and Safety - Community

100: Pool Safety

Every child is different, so enroll children in _____ lessons when they are ready.
10

200: Bike Safety

Buckle and tighten the _____ strap until it is snug; no more than one or two
1
fingers should be able to fit between the chin and strap.

300: SafeUT

SafeUT is a crisis chat line and school _____ tip line available for all
students.
5

400: Stranger Danger

No _____ off alone or talking to strangers.
19

500: Hope Squad

Hope Squads are comprised of students who are trained to watch for at-risk students, provide
_____, identify warning signs, and seek help
18
from adults.

Emotional Health and Safety

100: Mental Health

One of NAMI's main goals is to ensure that people get help _____.
4

200: Inclusion and Acceptance

Encircle: We envision a world where LGBTQ+ _____ and young adults thrive.
14

300: Internet Safety

But online access also comes with risks, like

_____ content, cyberbullying, and
online predators.
13

400: Bullying Prevention

The definition of bullying:

- unwanted aggressive behaviors
- observed or perceived power _____
17
- repetition or high likelihood of repetition of bullying behaviors

500: Suicide Prevention

If you see signs that your child's (or friends) mental health is under
_____, tune in.
9